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# Teleaudiology: Advancing Access and Equity in Hearing Care

*Part 2: State of the States*

Presented in partnership with Salus University

Aaron Roman, AuD

Samantha Kleindienst Robler, AuD, PhD

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# Aaron Roman, AuD

Aaron M. Roman is an Assistant Professor at Salus University in Philadelphia, Pennsylvania. He received his B.A., M.A., and Au.D. from the University of Pittsburgh. Dr. Roman's has clinical expertise in auditory processing across the lifespan, cognitive screening protocols, and aural rehabilitation for individuals with cochlear implants. His research interests include assessing the impact of hearing loss on cognitive impairment as well as evaluating hearing loss assessment programs, including newborn hearing screening programs. His work has been disseminated through peer-reviewed publications and local, national, and international presentations.



# Samantha Kleindienst Robler, AuD, PhD

Samantha Kleindienst Robler, AuD, PhD, is an assistant professor and researcher at the University of Arkansas for Medical Sciences in Little Rock, AR, and a part time audiologist and population health researcher for Norton Sound Health Corporation in Nome, AK. Her clinical and research interests include innovating and improving tools that address accessibility to hearing

healthcare, including development and application of telemedicine technology in the clinic, as well as addressing global hearing health and public policy in the hearing healthcare delivery system.

# Disclosures

- **Presenter Disclosures:** Financial: Aaron Roman is employed by Salus University. He received an honorarium for presenting this course. Non-financial: Aaron Roman has no relevant non-financial relationships to disclose. Financial: Samantha Kleindienst Robler is employed by the University of Arkansas for Medical Sciences and Norton Sound Health Corporation. She received an honorarium for presenting this course. Non-financial: Samantha Kleindienst Robler is on the board of directors for the American Academy of Audiology.
- **Content Disclosure:** This learning event does not focus exclusively on any specific product or service.
- **Sponsor Disclosure:** This course is presented by AudiologyOnline in partnership with Salus University.

# Learning Outcomes

After this course, participants will be able to:

1. Identify the state and federal laws that apply to teleaudiology.
2. Compare and contrast teleaudiology from other models of clinical service provision.
3. Describe challenges and potential solutions for provision of teleaudiology services.

# Separating Federal and State Laws

# Why discuss state and federal laws?

Role of legislatures in teleaudiology service provision

# Federal and State Legislatures Work Differently

## Federal Legislature

1. *Bicameral* body consisting of House of Representatives and Senate
2. Set number of Representatives/Senators
  - 435 Representatives
  - 100 Senators
3. Full-time appointment expectation

## State Legislature

1. Can be either bicameral or *unicameral*
  - Only unicameral in Nebraska
2. State determines size of chamber(s) and can adjust size
  - New Hampshire has 424 legislative seats
  - Texas has 150 legislative seats
3. States vary in annual time commitment
  - Green Legislatures
  - Gray Legislatures
  - Gold Legislatures

# Full- and Part-Time Legislatures

## Green legislatures

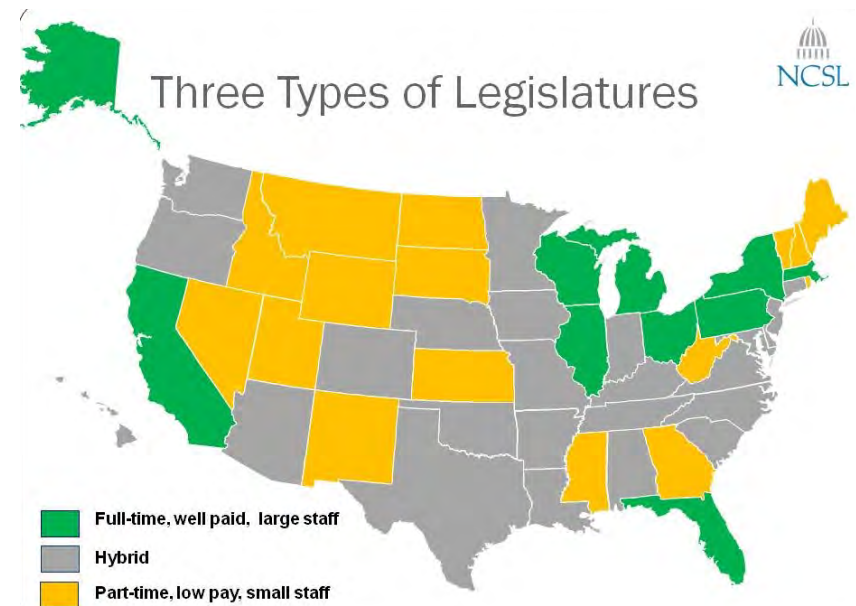
- Full-time commitment
- Higher compensation

## Grey Legislatures

- Hybrid (~ 2/3 of a full-time job)
- Compensation can supplement, not replace full-time salary

## Gold Legislatures

- Part-time commitment (50% of full-time job)
- Low compensation rates

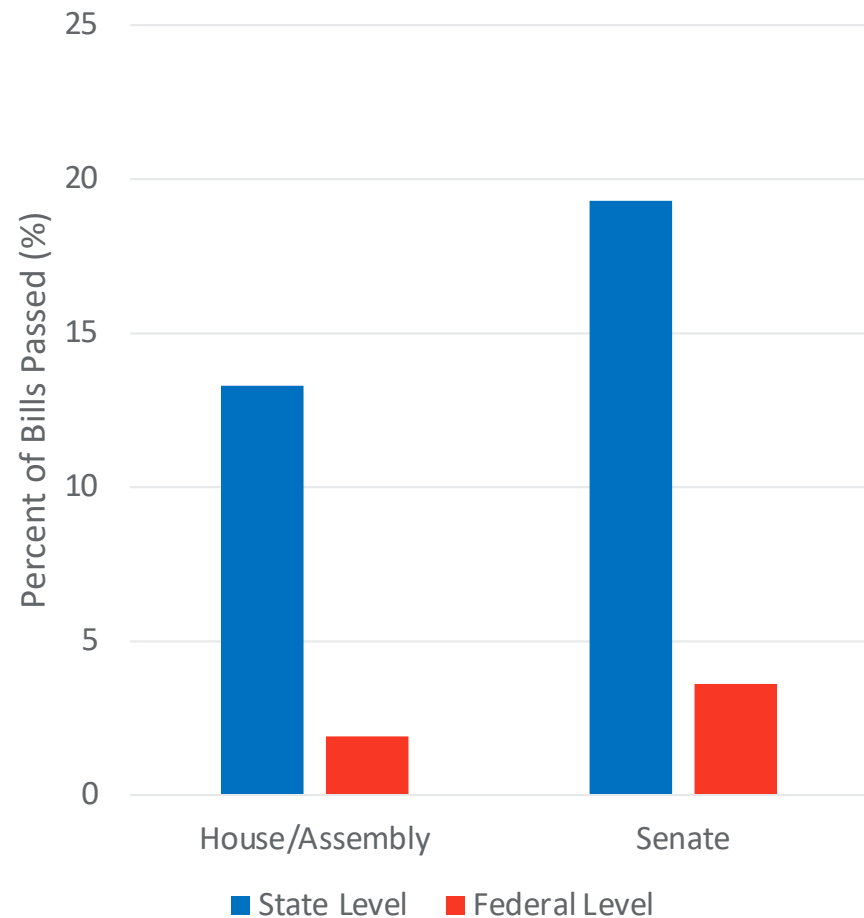


National Conference of State Legislatures  
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# State legislatures generally pass more bills compared to federal legislatures

States demonstrate a substantially higher pass rate for introduced bills

- Particularly when legislature is unified



# While federal actions tend to attract more media focus, issues related to audiology tend to be legislated at the state level.

- State-controlled issues include:
  - Higher education funding
  - Student loan repayment
  - Professional licensure rules and regulations
  - Medicaid and other state-run health insurance programs

# Laws impacting Teleaudiology

## Health Insurance Portability and Accountability Act (HIPAA)

- Ensure privacy of patient's protected health information

## Medicare Regulations

## Health Information Technology for Economic and Clinical Health (HITECH) Act

- Promotes use of EHR and requires that HHS is notified if data is breached

## American with Disabilities Act (ADA)

- Teleaudiology platforms must be accessible to individuals with disabilities, including hearing loss

## Children's Online Privacy Protection Act (COPPA)

- Websites that collect data on children <= 13yrs must get parental consent before obtaining information

## State Telemedicine Laws

## State Licensure Laws

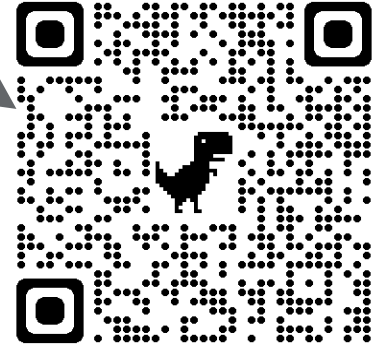
## Medicaid Regulations and Reimbursement Policies

# Teleaudiology Service Delivery

- States vary in how they regulate teleaudiology
  - Licensure and regulations
  - Practice Guidelines
  - Policy Statements
- Most service delivery laws pertain to licensure to practice within state
- Some states have certain definitions for teleaudiology  
e.g., Idaho specifies that telehealth does not include audio in isolation (must have a video component) to deliver services

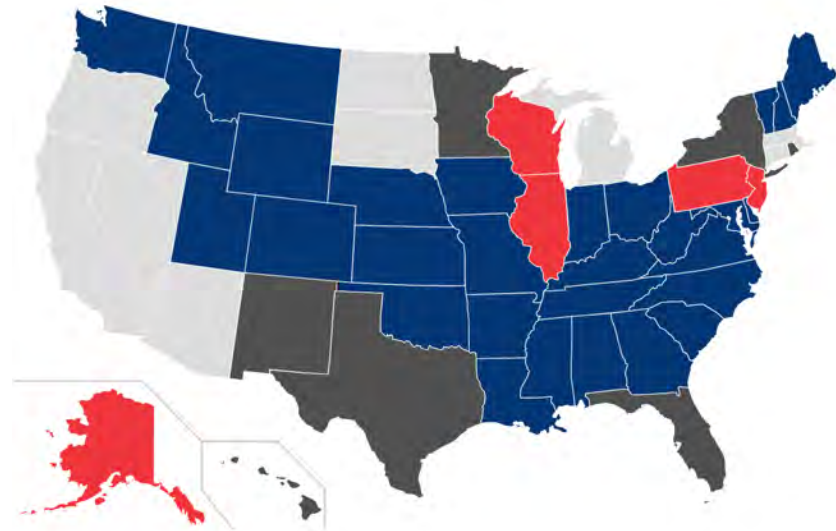
# Teleaudiology Service Delivery

- States not involved in the Audiology Speech-Language Pathology Interstate Compact (ASLP-IC) require licensure in **both** provider's home state and the state in which service is being rendered
- Requirements to practice vary from state
  - E.g., If provider's home state does not require a HA dispensing license but the patient's state does, the provider must obtain a HA dispensing license to dispense HAs
- Many states have a grace period for unlicensed individuals to practice while in process of obtaining a license



# Audiology & Speech-Language Pathology Interstate Compact

- Currently 29 active state members
- Allows licensed audiologists to easily apply for privilege to practice in states that are compact members



Blue = State Enacted  
Red = Legislation Pending  
Grey = State Not Enacted

# What might this mean for clinical service provision?

# Can Audiologists get Reimbursed for Teleaudiology Services?

# ...it depends

- CMS has encouraged states to develop Medicaid guidelines for telepractice
- Many states passed laws that require coverage for audiology services rendered via teleaudiology, but do not specify what services must be covered
  - Some private insurances are exempt from state mandates
- Additionally, in both Medicaid and private insurances, the usage of modifiers/service codes may be required

**Check with your state agency to ensure you are billing properly!**

# What about Medicare?

- The Consolidated Appropriates Act of 2023 expanded Medicare coverage for telehealth services through **December 31, 2024**.
- Per the CAA...
  - Medicare beneficiaries in any geographic area can receive telehealth services (not just those in rural areas)
  - Beneficiaries can remain at home for appointments
  - Telehealth services can be provided via smartphone with audio and video capability

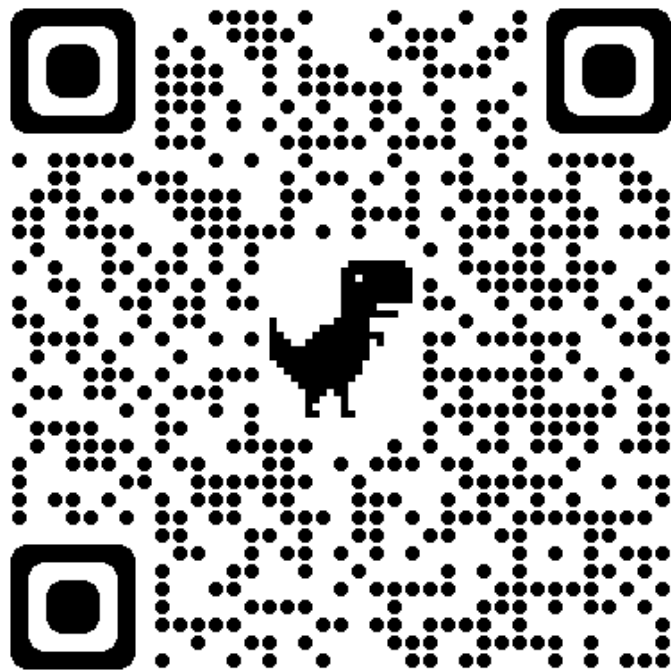
# CPT Codes covered under Medicare

| CPT Code | Description                  |
|----------|------------------------------|
| 92550    | Tympanometry & reflex thresh |
| 92552    | Pure tone audiometry air     |
| 92553    | Audiometry air & bone        |
| 92555    | Speech threshold audiometry  |
| 92556    | Speech audiometry complete   |
| 92557    | Comprehensive hearing test   |
| 92563    | Tone decay hearing test      |
| 92565    | Stenger test pure tone       |

| CPT Code | Description                  |
|----------|------------------------------|
| 92567    | Tympanometry                 |
| 92568    | Acoustic refl threshold tst  |
| 92570    | Acoustic immitance testing   |
| 92587    | Evoked auditory test limited |
| 92588    | Evoked auditory tst complete |
| 92601    | Cochlear implt f/up exam <7  |
| 92602    | Reprogram cochlear implt <7  |
| 92603    | Cochlear implt f/up exam 7/> |
| 92604    | Reprogram cochlear implt 7/> |

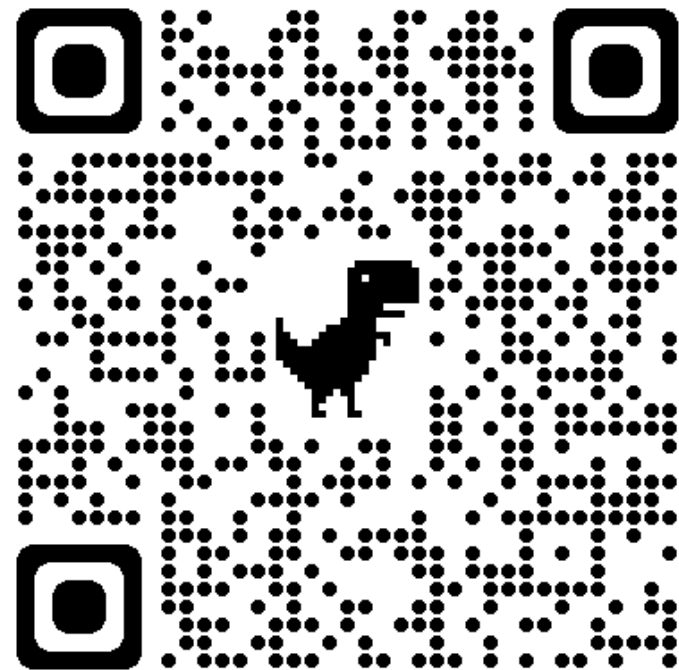
# Resources from Professional Organizations

**AAA State Coverage  
Guidance\***



\*AAA Membership Required to Access

**ASHA Telepractice  
Reimbursement Guidance**



# Let's apply this to clinical practice...

# Applying Teleaudiology into Practice

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Full Picture Considerations

# Case Example – Aural Rehabilitation

“Cindy”

# Meet Cindy

- Background Information
  - 58-year-old female born with severe to profound sensorineural hearing loss
    - Wore hearing aids from three years of age onward
  - Lived in central PA, provider in southeastern PA
  - Implanted with Cochlear Nucleus 7 in December 2019
    - Wears hearing aid on opposite hear
- Teleaudiology Intervention
  - Seen for aural rehabilitation via Zoom for one hour twice weekly
  - Treatment plan developed in conjunction with speech-language pathology

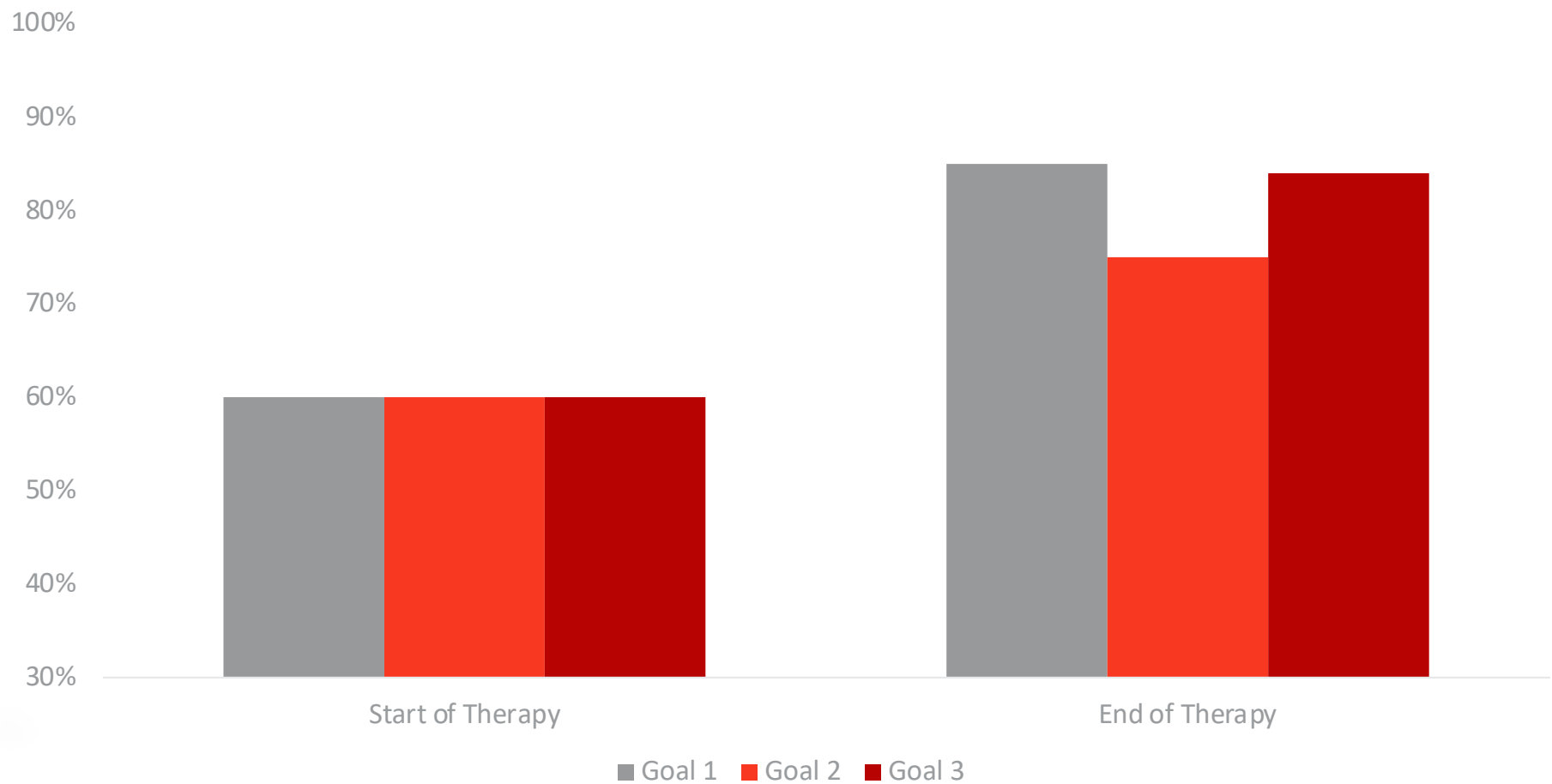
# Cindy's Communication Goals

Goals developed to address Cindy's primary concerns:

1. Repeat words presented in silence without lipreading
2. Identify words that differ by a single phoneme
3. Repeat sentences (5 – 10 words) with background noise

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2. Identify words that differ by a single phoneme
3. Repeat sentences (5 – 10 words) with background noise

# Teleaudiology Outcomes



## Cindy's Case - Considerations



Free university clinic that allowed collaboration with SLP program



Patient was not required to drive to clinic (~ 1.5 hour drive each way) for any therapy or evaluation



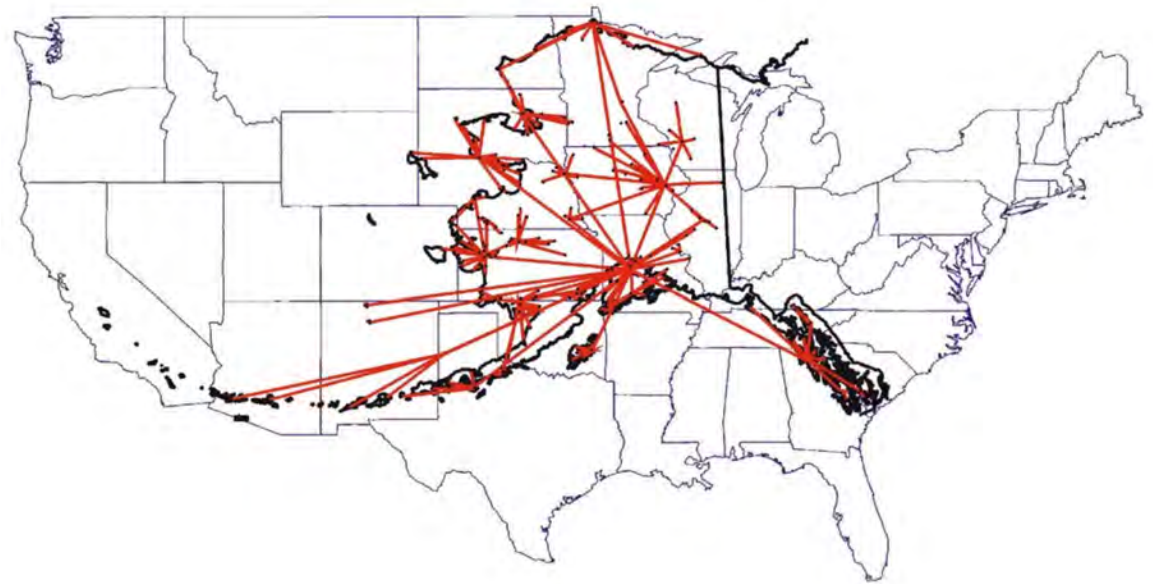
Therapy occurred during COVID-19 isolation period, no exposure risk for clinicians nor patient



Occasional difficulty with internet connectivity

# Case Example – NBHS Program

Rural Alaska



Map provided by  
Alaska Native Tribal Health Consortium  
Division of Information Technology  
[www.anthc.org](http://www.anthc.org)

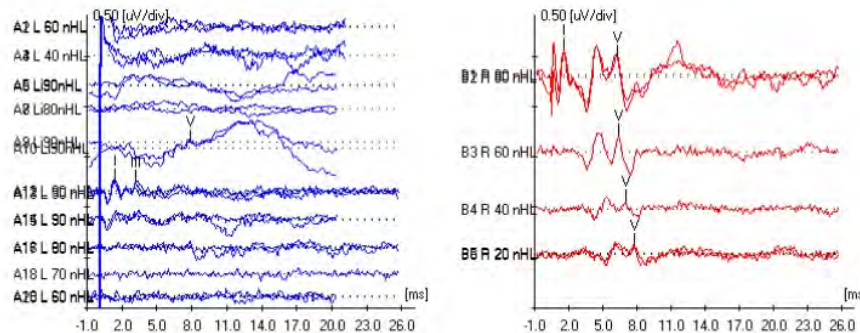
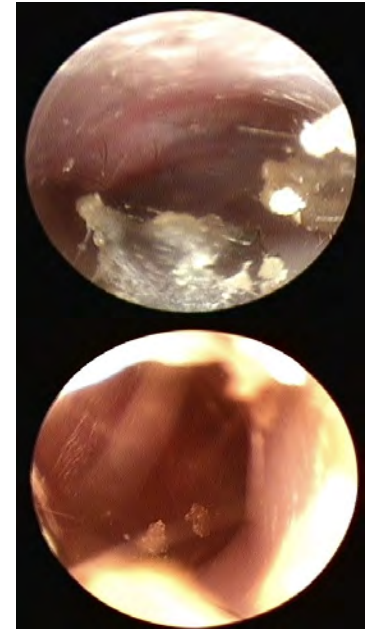


# Alaska EHDI Pilot Program

- Reduce lost to follow-up using telehealth technology
- Higher prevalence of OM (otoscopy, tympanometry, OAE, pure tone)

5 w/o M: referred NBHS (AABR) left ear, pass right at birth

- Born full-term, no complications, no history
- Appt 1: Hybrid Telehealth Audiology/ENT for otoscopy/tympanometry
- ✈ • Appt 2: Audiology in person (ABR)/Asynchronous telehealth ENT

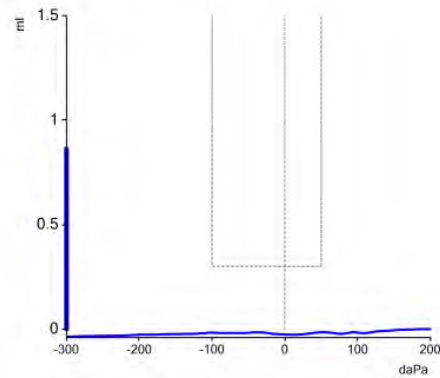


- ✈ • Appt 3/4: ENT exam, genetics, ophthalmology
  - Audiology in person HAF
- Appt 4 & 5: Real time telehealth HACs

## Left TM

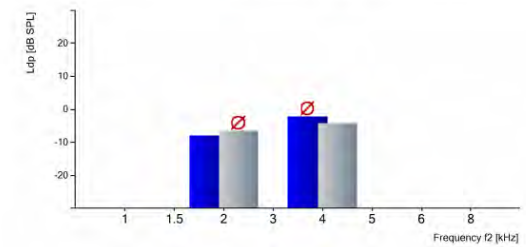


ECV: 0.86 ml  
 Peak:  
 Probe tone: 226 Hz  
 Pressure: 200 ... -300 daPa at 200 daPa/s

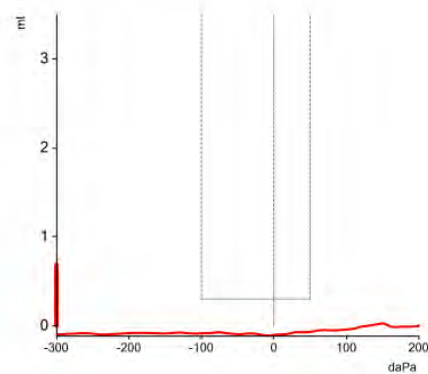


### Test Detail Information

| Level            | 1 kHz | 1.5 kHz | 2 kHz | 3 kHz | 4 kHz | 5 kHz | 6 kHz | 8 kHz |
|------------------|-------|---------|-------|-------|-------|-------|-------|-------|
| L2 = 55 (dB SPL) |       |         | Ø     |       | Ø     |       |       |       |
| Ldp (dB SPL)     |       |         | -6.0  |       | -2.2  |       |       |       |
| SNR (dB)         |       |         | -1.4  |       | 1.9   |       |       |       |

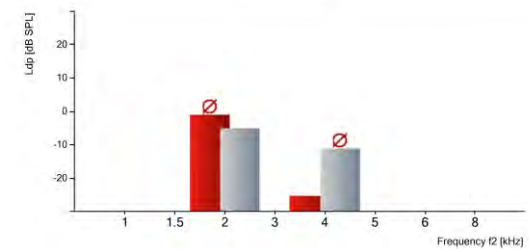


ECV: 0.7 ml  
 Peak:  
 Probe tone: 226 Hz  
 Pressure: 200 ... -300 daPa at 150 daPa/s



### Test Detail Information

| Level            | 1 kHz | 1.5 kHz | 2 kHz | 3 kHz | 4 kHz | 5 kHz | 6 kHz | 8 kHz |
|------------------|-------|---------|-------|-------|-------|-------|-------|-------|
| L2 = 55 (dB SPL) |       |         | Ø     |       | Ø     |       |       |       |
| Ldp (dB SPL)     |       |         | -0.3  |       | -25.3 |       |       |       |
| SNR (dB)         |       |         | 4.2   |       | -14.3 |       |       |       |



# In Summary...



The rules and regulations around teleaudiology may be complicated and difficult to follow

They further vary from state to state



Awareness around state-level mandates pertaining to licensure and reimbursement are vital to administering quality teleaudiology

There are country-wide initiatives developing to aid in teleaudiology provision (e.g. ASLP-IC)



Advocating at state and federal levels will be important for the ability to continue to provide teleaudiology services

# Core Takeaway: *Advocating is Important*

Things to know to be an effective advocate

# Barriers to Effective Advocacy

1

Disinterest in efforts

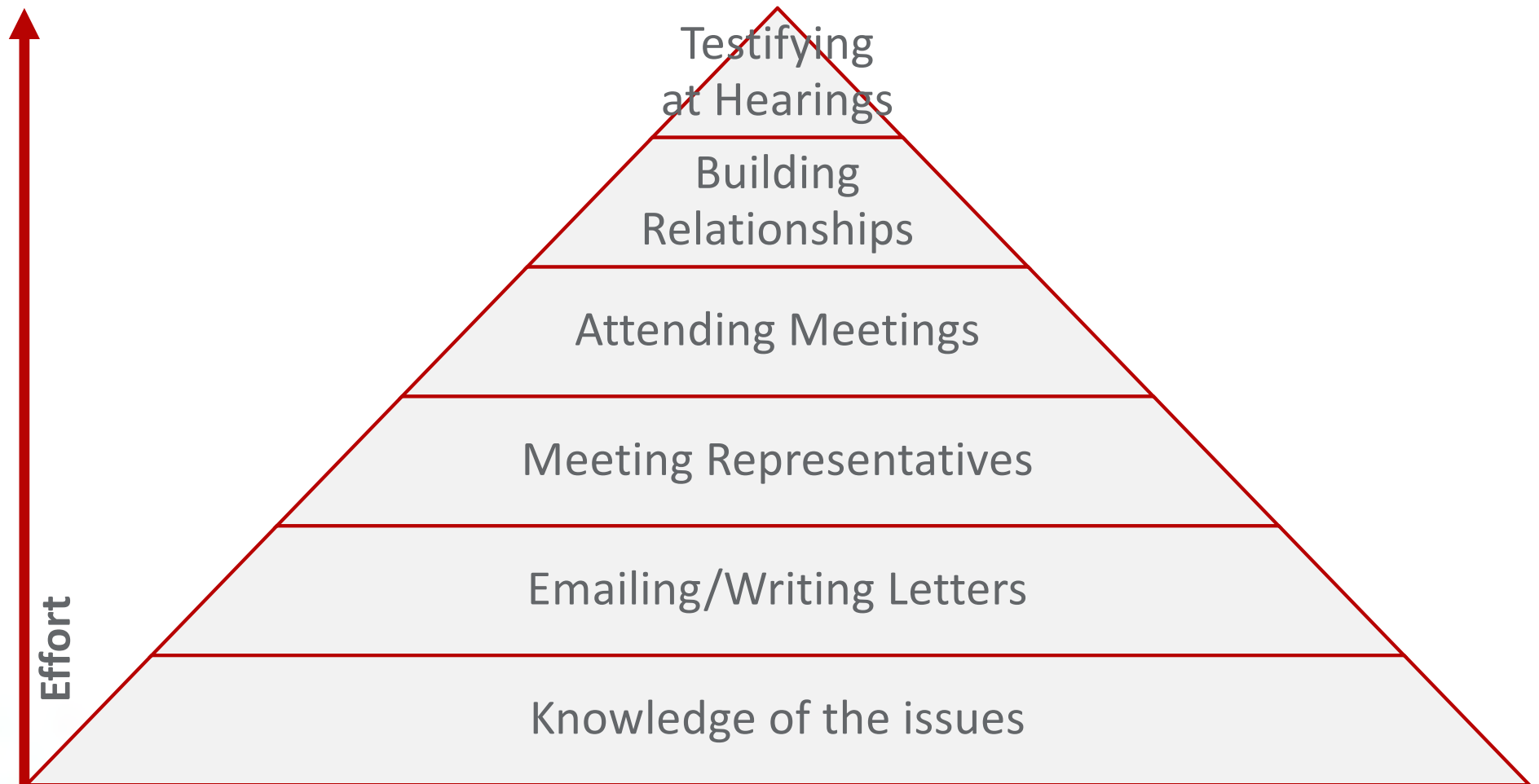
2

Uncertainty of advocacy outcomes

3

Knowledge and awareness of policy matter

# Hierarchy of Advocacy



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- Moran, W. P. (2011). Establishing a health policy strategy at the association level. In *Health Care Advocacy: A Guide for Busy Clinicians* (pp. 69-78). New York, NY: Springer New York.

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