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AI-Enabled Hearing Aids: What Emerging Technologies Mean for Your Patients

Tammara Stender, Au.D.
GN Hearing
Director of Global Audiology – Chicago

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Learning Outcomes

- 1) After this course, participants will be able to discuss the difference between artificial intelligence and augmented intelligence.
- 2) After this course, participants will be able to identify how deep learning is currently used in ReSound hearing aids.
- 3) After this course, participants will be able to discuss different types of hearing aid signal processing including the use of AI that would benefit individual patients.



Limitations/Risks

- The applicability and accuracy of the course content may vary by the clinical, geographical, and cultural context; you should evaluate the course accordingly.
- As healthcare is rapidly evolving, new findings may change the validity of the information presented in this course. Providers should always consult the latest research and guidelines from professional associations.
- The interventions discussed in this course may be limited in generalizability, requiring practitioners to consider specific individual and population factors.
- The course may not cover all possible risk factors, diagnostic methods, or treatment options, and complex cases may require additional considerations.
- Healthcare providers should apply cultural competence and sensitivity to ensure effective and respectful care based on their patients' diverse needs.
- Providers should always evaluate the limitations of diagnostic and screening tools, considering their potential for false results as well as any ethical implications.
- It is the responsibility of course participants to critically evaluate the evidence from multiple sources to guide professional practice.

What do you think of when you hear the term
“AI”?



Artificial Intelligence



Augmented Intelligence

What is it?

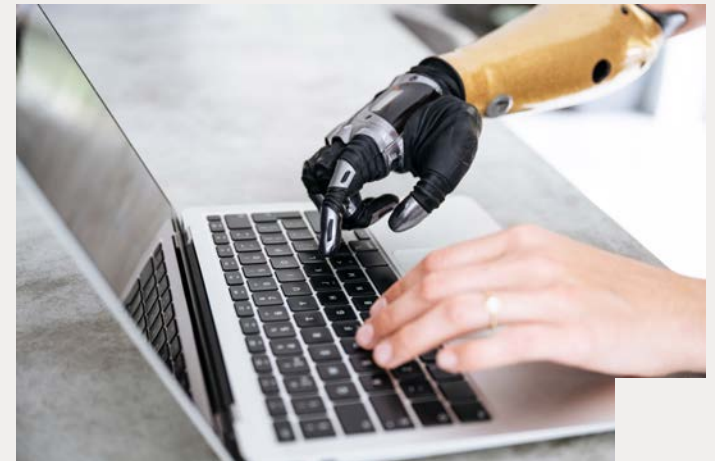


Using technology to enhance our abilities, rather than replacing them

Examples:

- Provide drivers with more multisensory feedback
- Be alerted to invisible black ice on the road
- See the cyclist dressed in black on a dark road with no lights on
- Preventing drivers falling asleep as the car can ensure that you are fit to drive

Intelligence Augmented



The human brain is arguably the
most powerful computational
engine known.



Deep learning

Algorithms with brain-like logical structure (called neural networks) capable of making decisions after being trained with vast amounts of data

Machine Learning

The ability of machines to automatically learn without being explicitly programmed.

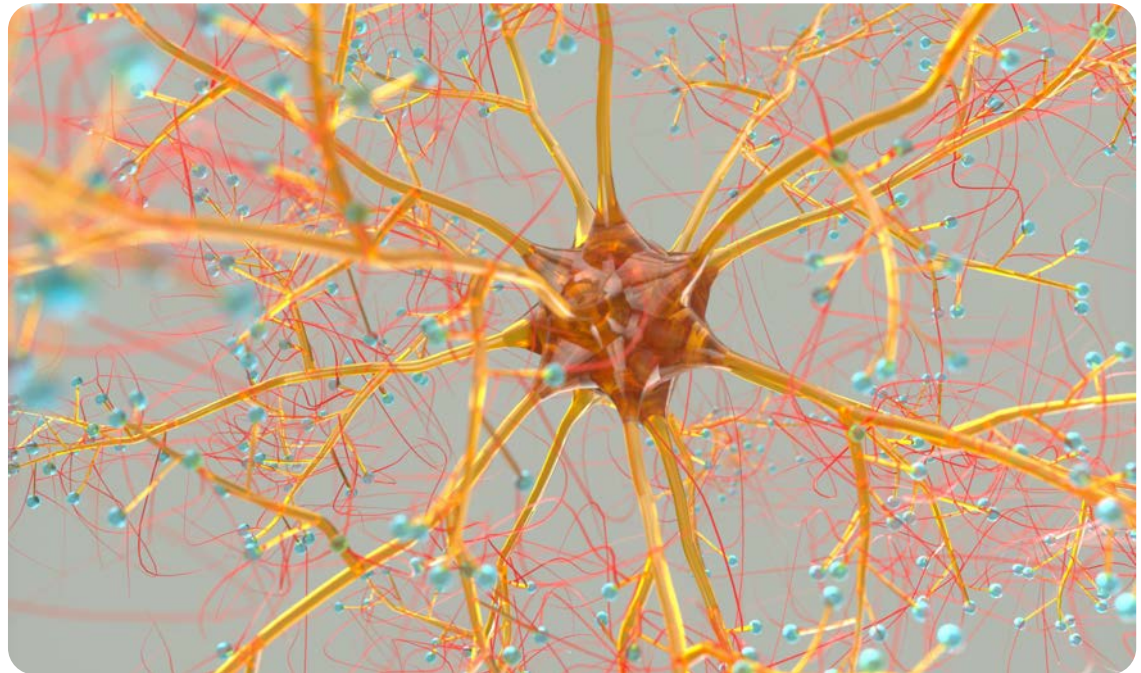
Artificial Intelligence

The ability of machines to do tasks that historically only humans could do, such as reasoning, problem solving and decision making.

Intelligence Augmented

Help, not replace the human

What is a Data-Driven Deep Neural Network?



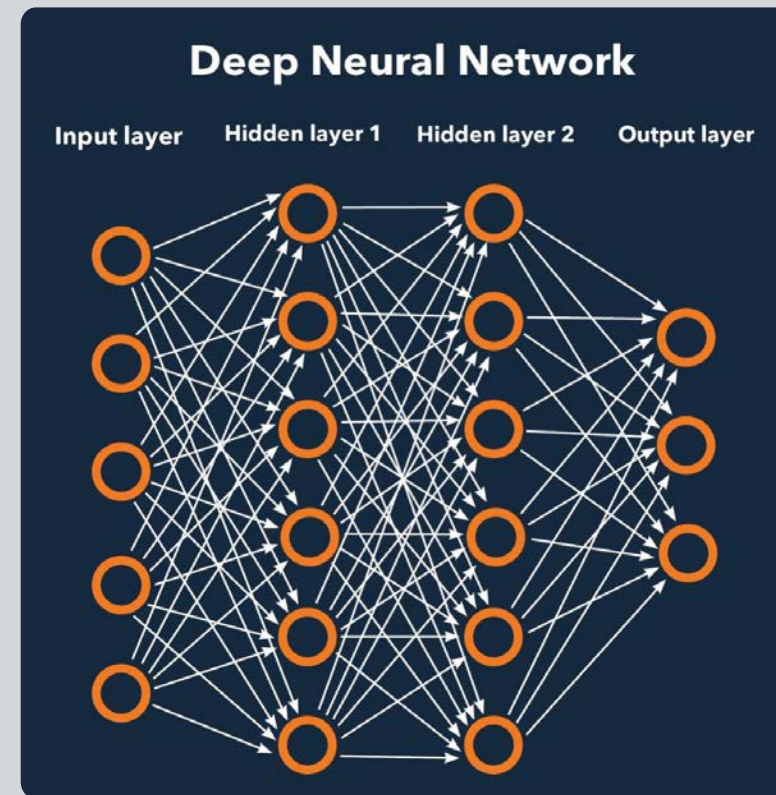
Deep Neural Networks

The “muscle” behind deep learning – a layered structure connected “nodes” or “neurons”.
Each layer processes data step-by-step to recognize complex patterns



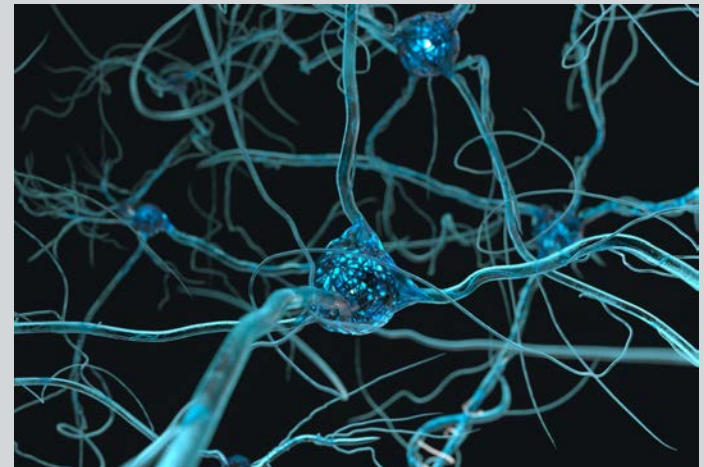
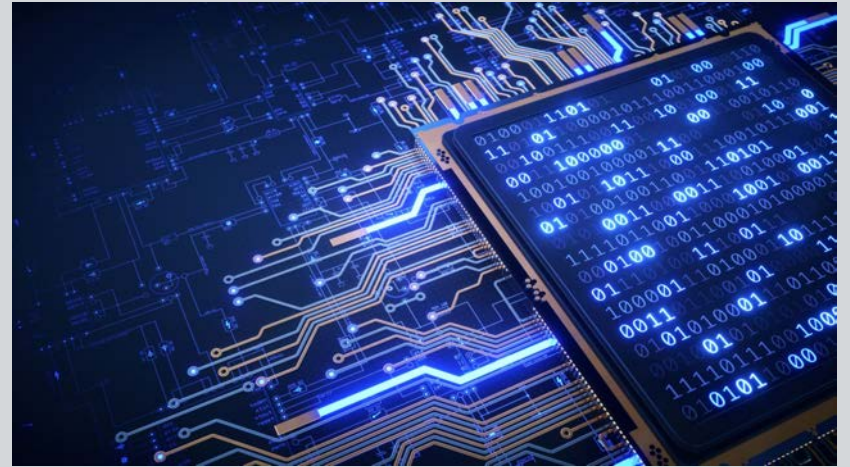
What is a Deep Neural Network?

- Conceptualized by Geoffrey Hinton in the 1980s
- Type of artificial neural network – to mimic the human brain
- Built up of at least 4 layers
 - Input layer –
 - At least 2 hidden layers – learning happens
 - Output layer



What is a Deep Neural Network?

- Trained on enormous datasets of real-world sound
 - Photos, audio, speech, noise, etc.
 - Recognize patterns, like distinguishing a voice vs clinking dishes



What is a Deep Neural Network?

A **Learning Algorithm** Designed to Mimic the Process of Human Thought

Take an image

- what the computer sees is pixels that are given a number representing the color intensity

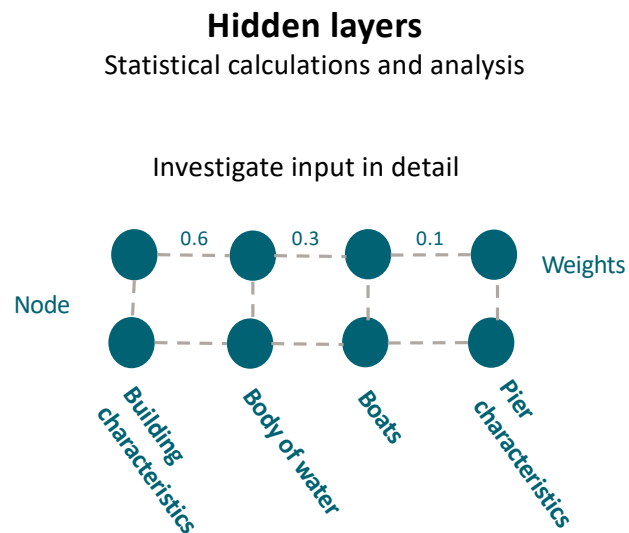


A small change to the picture gives a new set of values.
Thus, we must **train the computer with many samples to accurately classify the image, without over- or under-generalizing the outcome.**

How does a Deep Neural Network work?



INPUT



OUTPUT

Chicago Skyline

Weights are optimized until prediction is correct

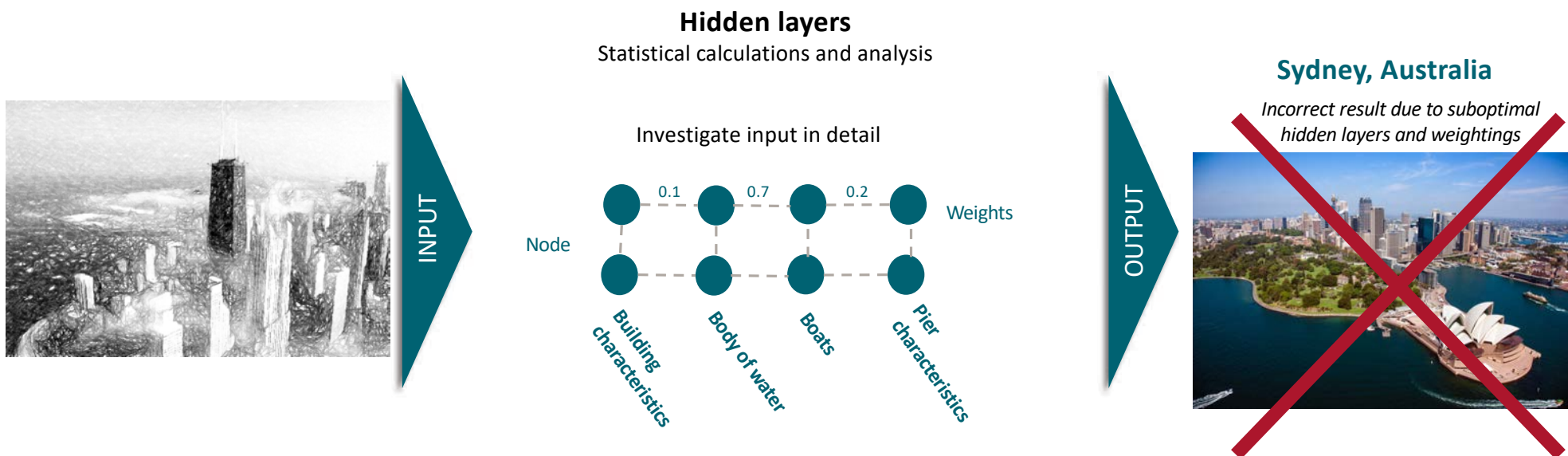
Desired Result

How does a Deep Neural Network work?



Desired Result

How does a Deep Neural Network work?



Error due to Overgeneralization

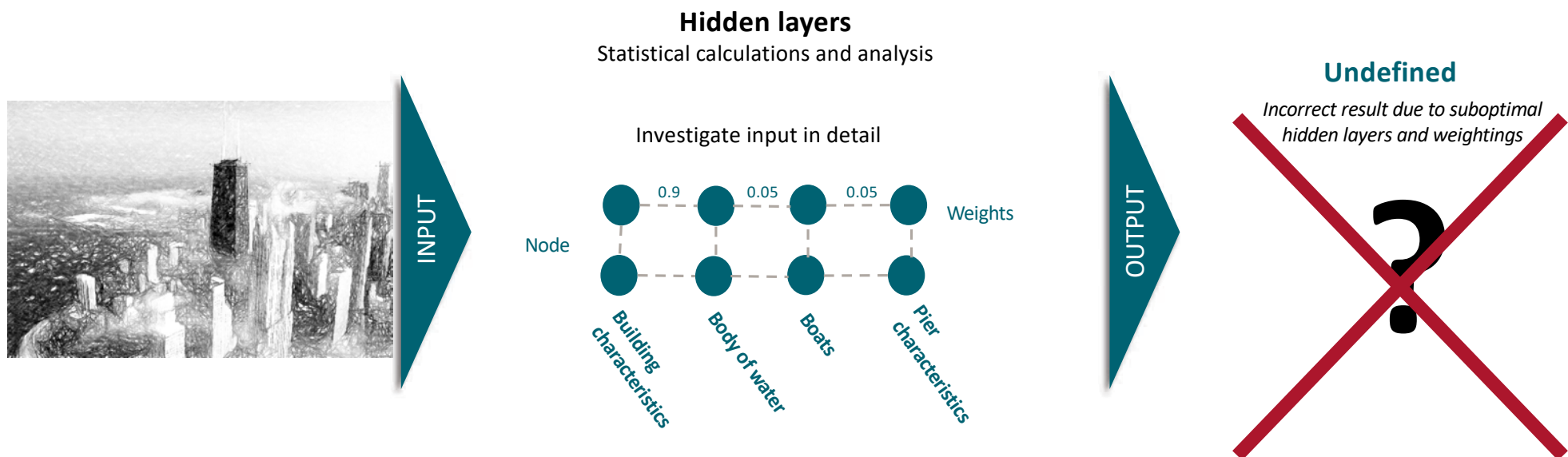
Similar Characteristics, but *Incorrect!*



Some Similar Characteristics, but Still *Incorrect!*



How does a Deep Neural Network work?

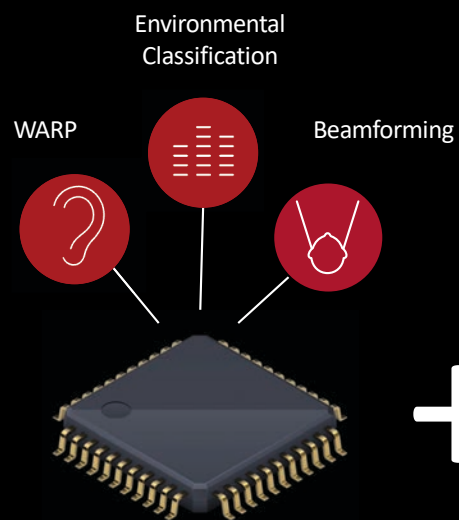


Error due to Undergeneralization

No Result Found.



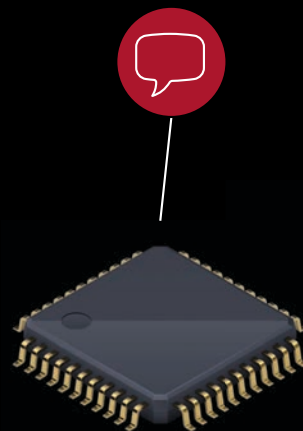
Intelligence Augmented



360 Chip
Co-processor

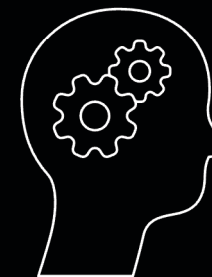
+

Noise Reduction



DNN Chip
Co-processor

+



Human brain
Core processor

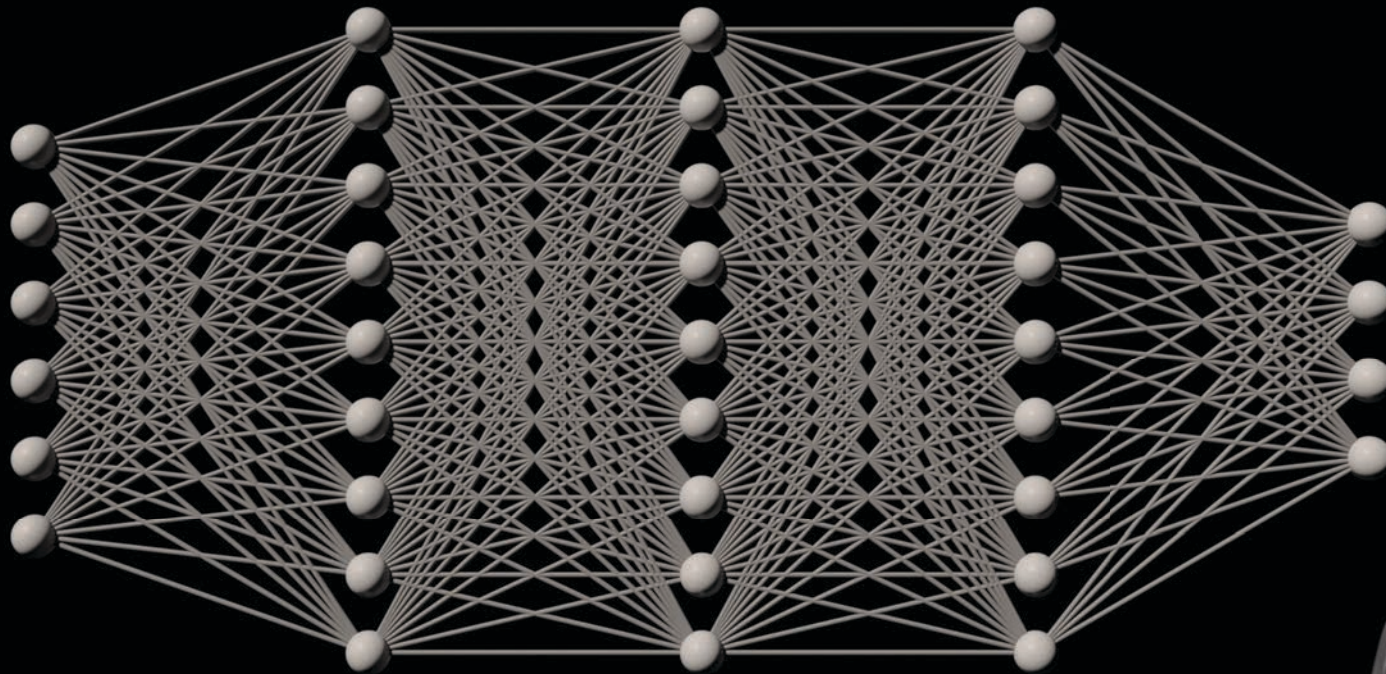
input layer

hidden layer 1

hidden layer 2

hidden layer 3

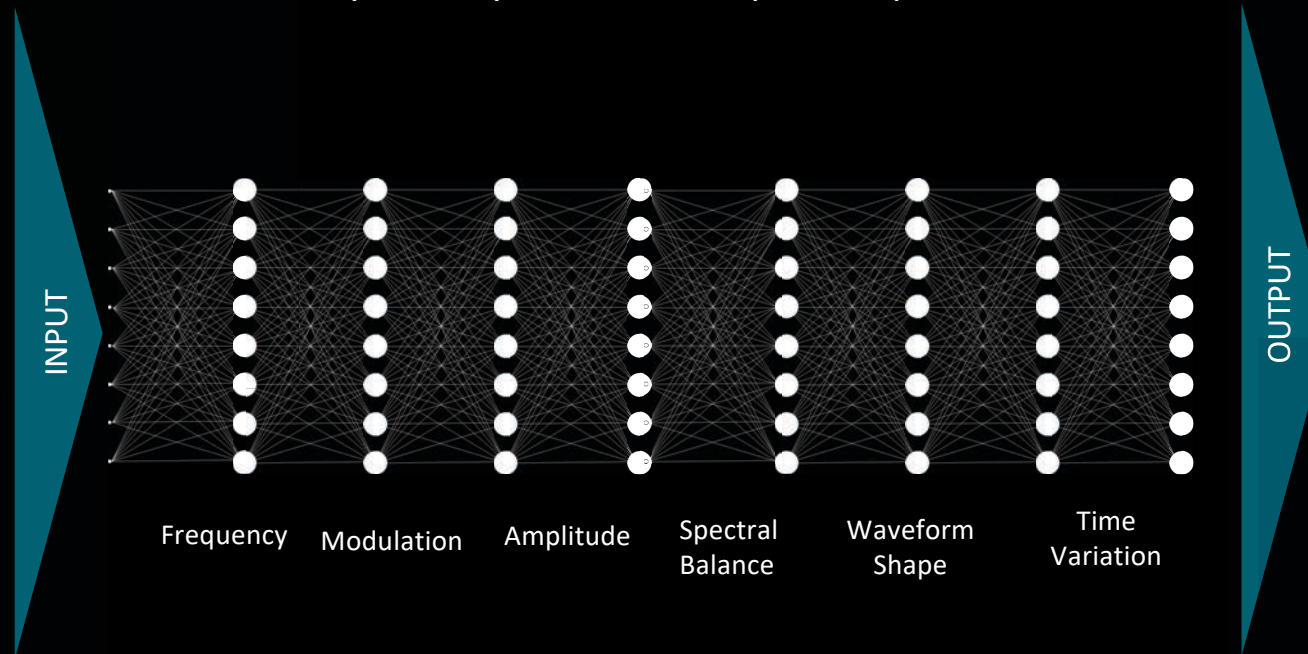
output layer



What the network is trained on is important

We used real life **speech in noise** sentences
where the **noise can be classified as noise by everyone**

Layers – each layer studies a different aspect of the input



The output of the DNN is compared to the speech in the sample and then the model resets the weights and iterates again.



Noise examples:

- Traffic Noise
- Airplane noise
- Multi-talker babble
- Cafeteria noise
- Cutlery on plates

Training the DNN

We've trained the DualChip on

**13.5
million**

speech sentences

We've worked across

**3.9
million**

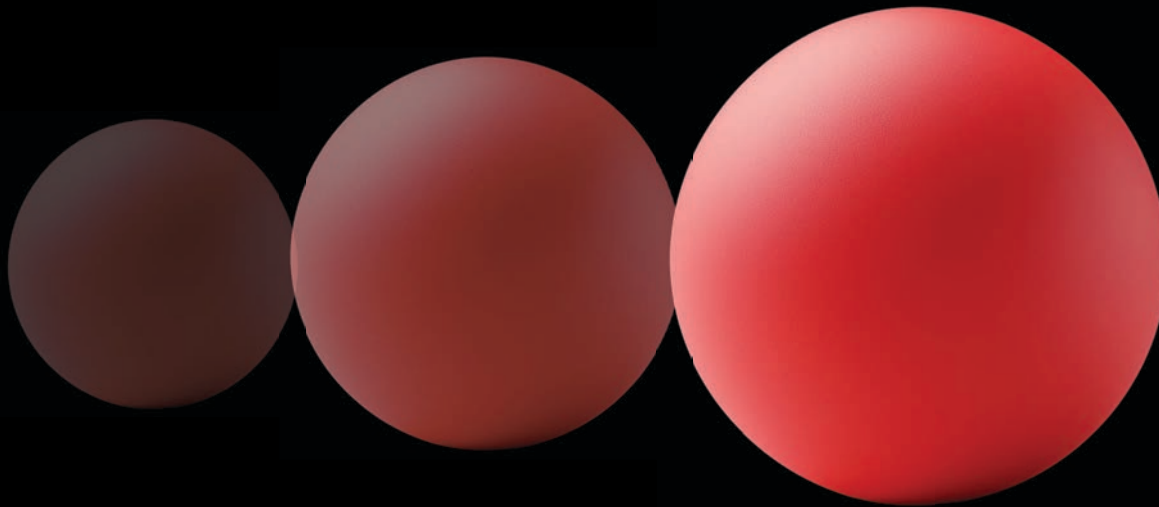
tuned sound parameters

So, the DualChip can do

**4.9
trillion**

operations per day

In which direction is the ball moving?

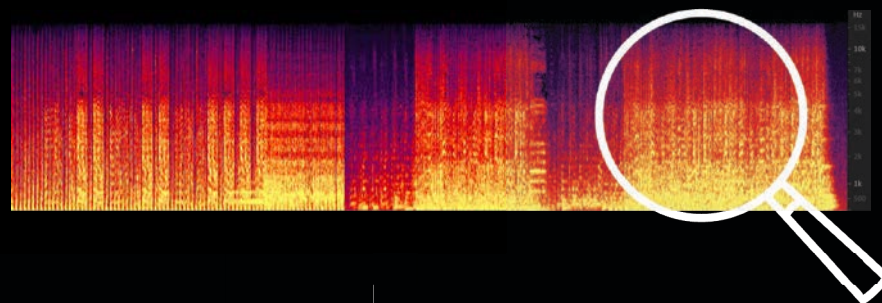


Recurrent neural network

Uses information from the past to make
more accurate and faster predictions

Faster predictions with longer battery life

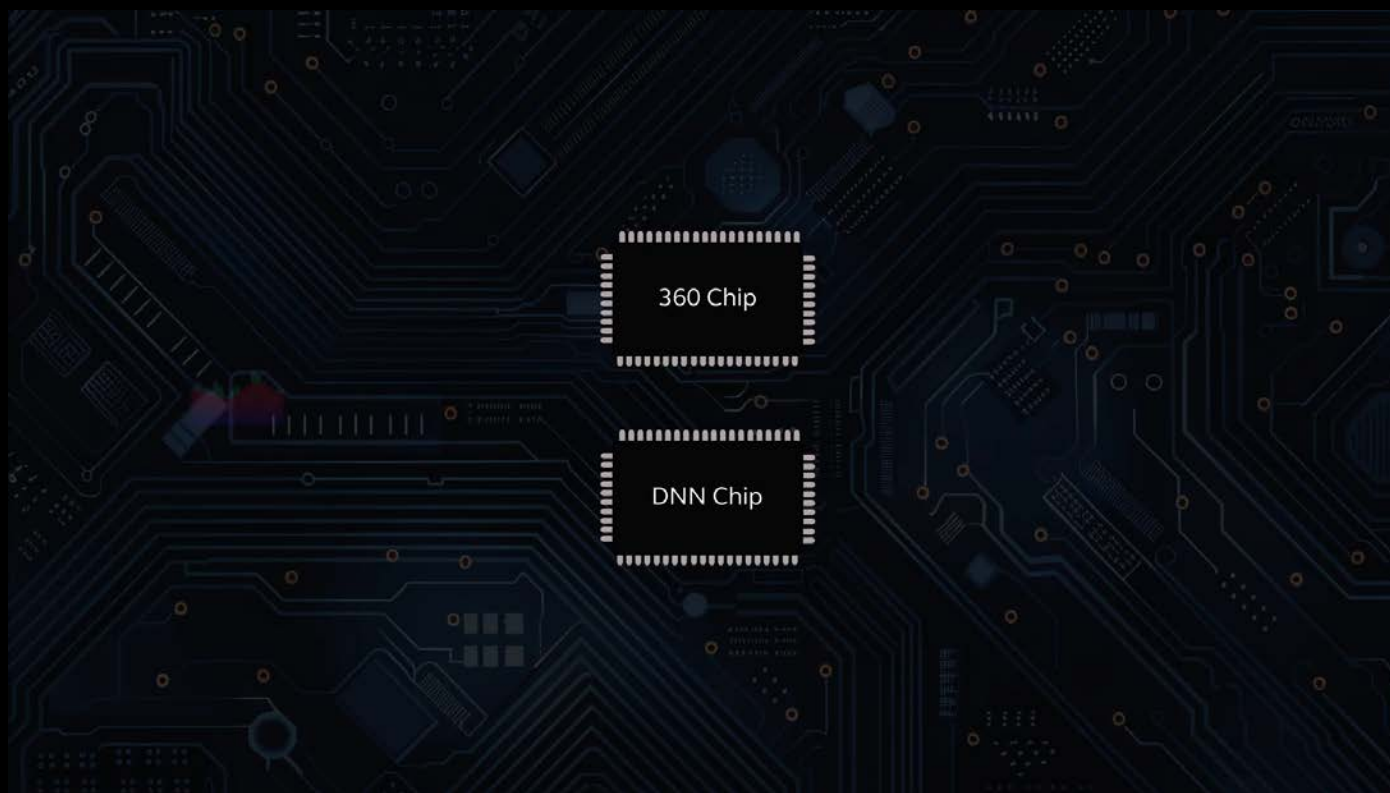
More power
intensive
method



Better power
conservation
method



Putting It Together in a ReSound Hearing Aid



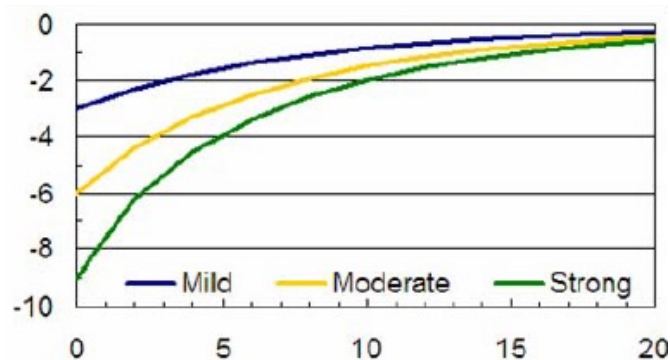
How Does DNN-based Noise Reduction Compare to Traditional Noise Reduction?

Signal model-based noise reduction

Estimate SNR per band

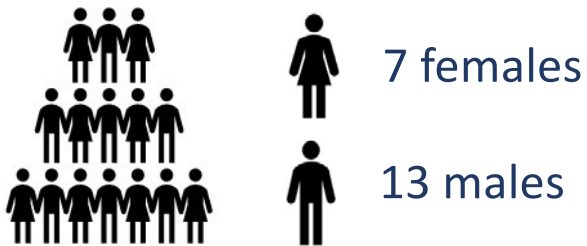


Look up how much to reduce gain per band depending on estimated SNR and setting

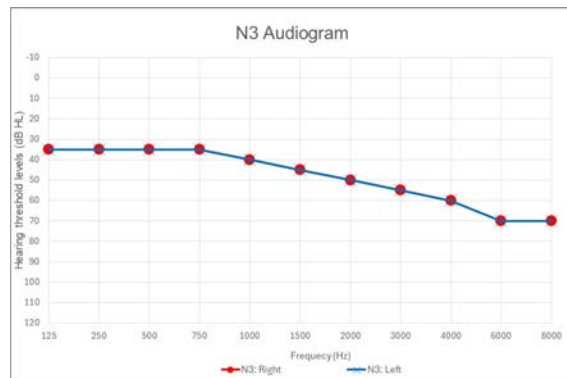


Sound Quality Preference Test

20 participants



Hearing aids and test conditions



Hearing aids fitted with 2 programs dedicated for hearing in noise. Identical programs with exception of the type of noise reduction:

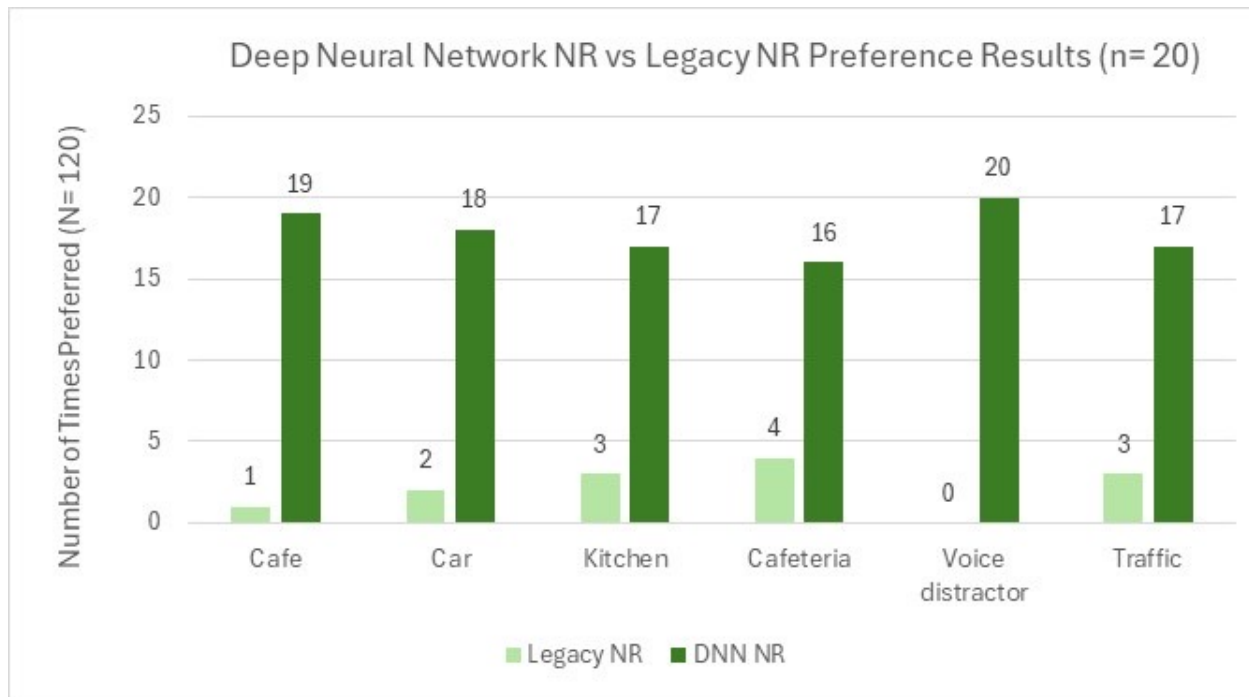
- Legacy noise reduction
- Deep Neural Network noise reduction

Sound Quality Preference Test

SenseLabOnline System

- Recordings through hearing aid programs with hearing aids on an acoustic manikin.
- Recordings were made in 6 sound scenes supplemented with Dantale II and HINT female and male speech:
 - Cafeteria
 - Traffic
 - Voice distractor
 - Cafe
 - Car
 - Kitchen
- Recordings were binaural recordings made at ecologically valid signal-to-noise ratios to simulate real-life conversations.

Sound Quality Preference Test Results



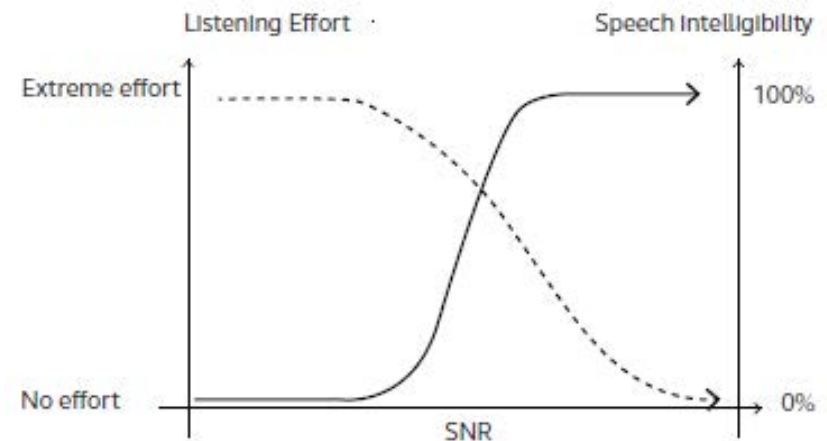
There is a significant preference for Deep Neural Network noise reduction over legacy signal model-based noise reduction

Deep Neural Network Noise Reduction

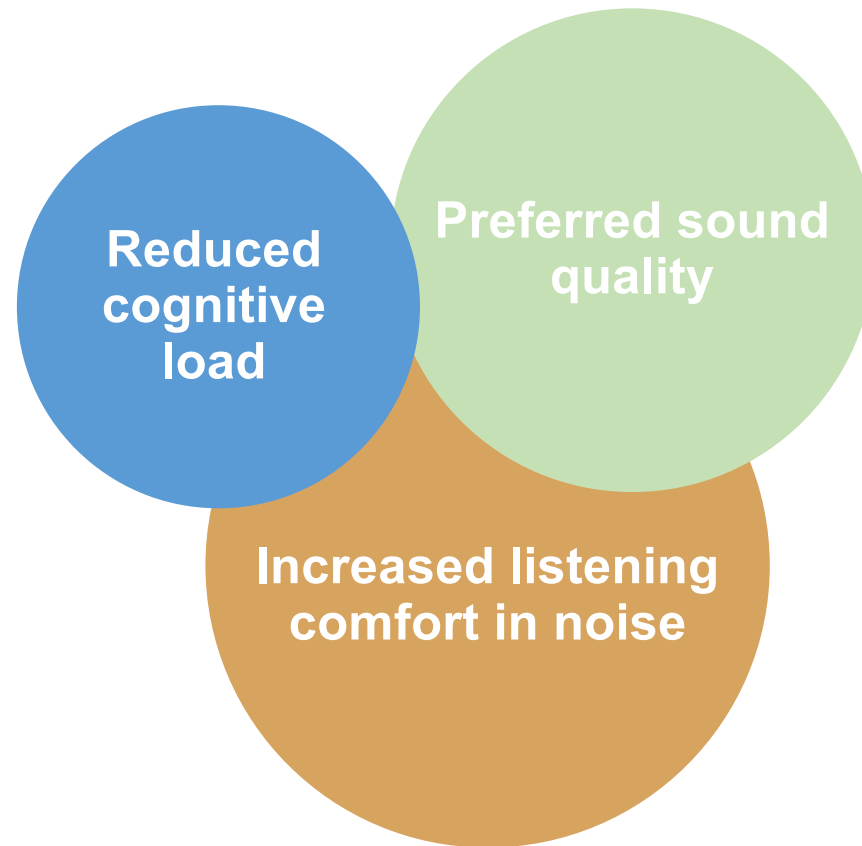
- It makes sense to combine Data-Driven Deep Neural Network noise reduction with other features focused on improving hearing in noisy environments.
 - Directionality
 - Dedicated hearing aid program for hearing in noise

Expected benefits and trade-offs

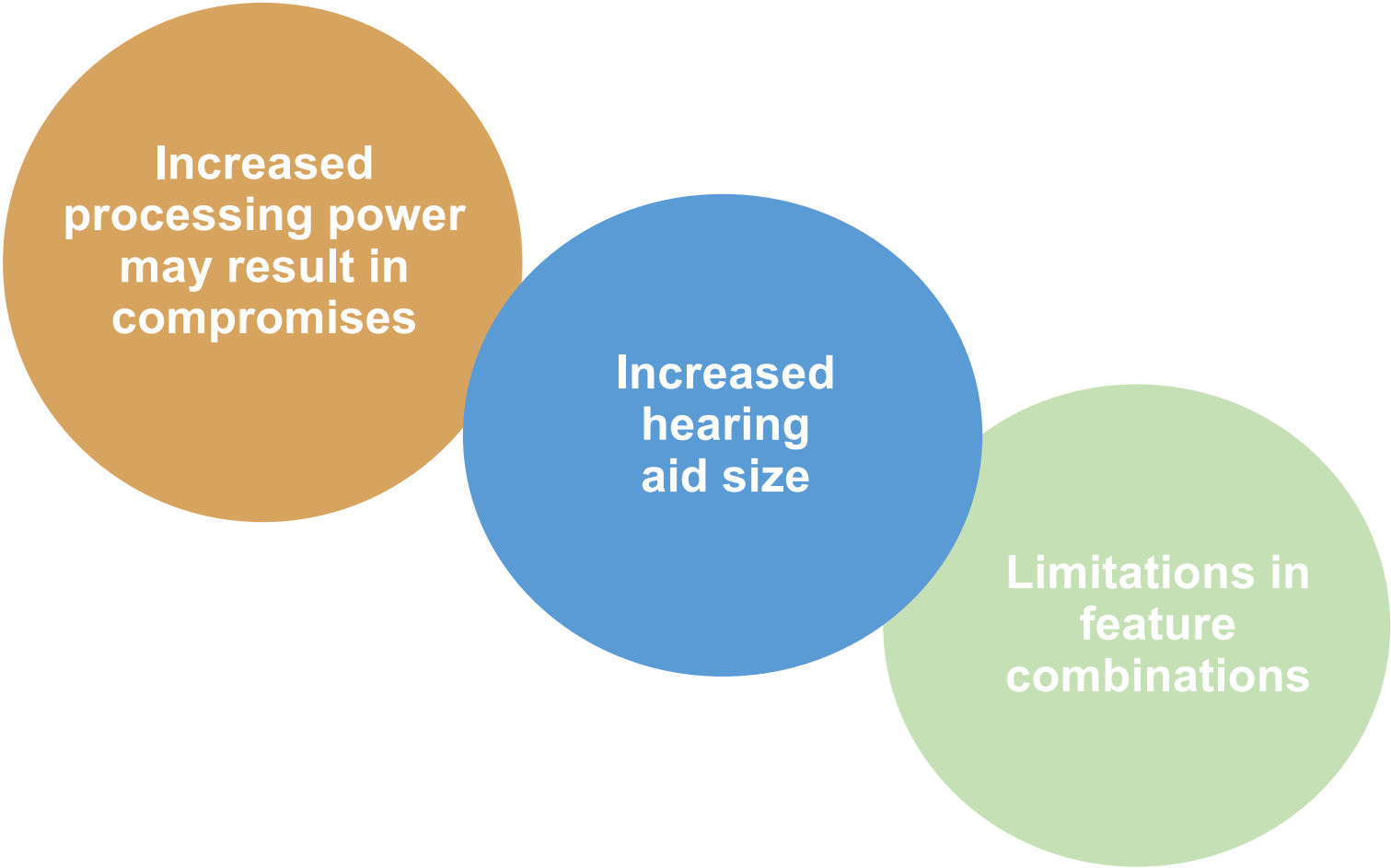
- Directionality provides improvement in SNR and speech recognition
- DNN can potentially enhance listening effort benefit even when speech intelligibility is maxed out



Expected Benefits and Trade-offs



Expected Benefits and Trade-offs



Increased
processing power
may result in
compromises

Increased
hearing
aid size

Limitations in
feature
combinations

Summary

- Data-driven Deep Neural Network can be thought of as a machine's artificial brain.
- This DNN noise reduction has been trained on meaningful sound samples commonly found in the real world (quality over quantity).
- The DNN will attenuate any sound source that is not speech because it has been trained to recognize speech, so no matter the background (stationary or non-stationary), it will be attenuated.
- Patient benefits: Increased listening comfort, improved sound quality, and reduced cognitive load.
- Data-driven DNN noise reduction is typically combined with directionality in dedicated hearing aid programs focused on hearing in noise.

Intelligence Augmented

- **Intelligence Augmented** is a small but important, distinction from the term AI. 'Augment' suggests that the machine is designed to **assist the human in solving the problem**, while 'artificial' implies a more machine-centered solution for the human, where there is less control and autonomy.
- **Goal is to augment the hearing aid user's decisions** by being careful to not take out all the noise but to use our system to decrease known noise and spotlight speech in front.
- The combination of the four-microphone beamformer and the DNN-based noise reduction creates **powerful help in noisy situations**.

Is there a clinical way to measure how much help a person will need in noisy situations?

Hearing in Noise Testing

Quick Speech in Noise Test (QuickSIN)



Repeat back sentences



Background noise levels increases



One point for each correct key word, subtracted from 25.5 to calculate SNR loss

Killion, M. C., Niquette, P. A., Gudmundsen, G. I., Revit, L. J., & Banerjee, S. (2004). Development of a quick speech-in-noise test for measuring signal-to-noise ratio loss in normal-hearing and hearing-impaired listeners. *Journal of the Acoustical Society of America*, 116(4), 2395–2405.

Example recording from QuickSIN test

		Score the # Correct
+25	1. To <u>have</u> is <u>better</u> <u>than</u> to <u>wait</u> and <u>hope</u> .	<u>5</u>
+20	2. The <u>screen</u> <u>before</u> the <u>fire</u> <u>kept</u> in the <u>sparks</u> .	<u>5</u>
+15	3. <u>Thick</u> <u>glasses</u> <u>helped</u> him <u>read</u> the <u>print</u> .	<u>4</u>
+10	4. The <u>chair</u> <u>looked</u> <u>strong</u> but had <u>no</u> <u>bottom</u> .	<u>4</u>
+5	5. They <u>told</u> <u>wild</u> <u>tales</u> to <u>frighten</u> <u>him</u> .	<u>2</u>
0	6. A <u>force</u> <u>equal</u> to that <u>would</u> <u>move</u> the <u>earth</u> .	<u>0</u>
	Total	<u>20</u>

$25.5 - \text{Total \# Correct} = \text{SNR Loss}$

$$25.5 - 20 = 5.5 \text{ dB}$$

≤ 3 dB

Normal

*Appropriately fitted
hearing aids*

3.5-7 dB

Mild

*Directional
microphones and Four
microphone
beamformers with
losses > 4dB*

7.5-15 dB

Moderate

*Four microphone
beamformer, consider
accessories*

> 15 dB

Severe

*All solutions should be
considered*





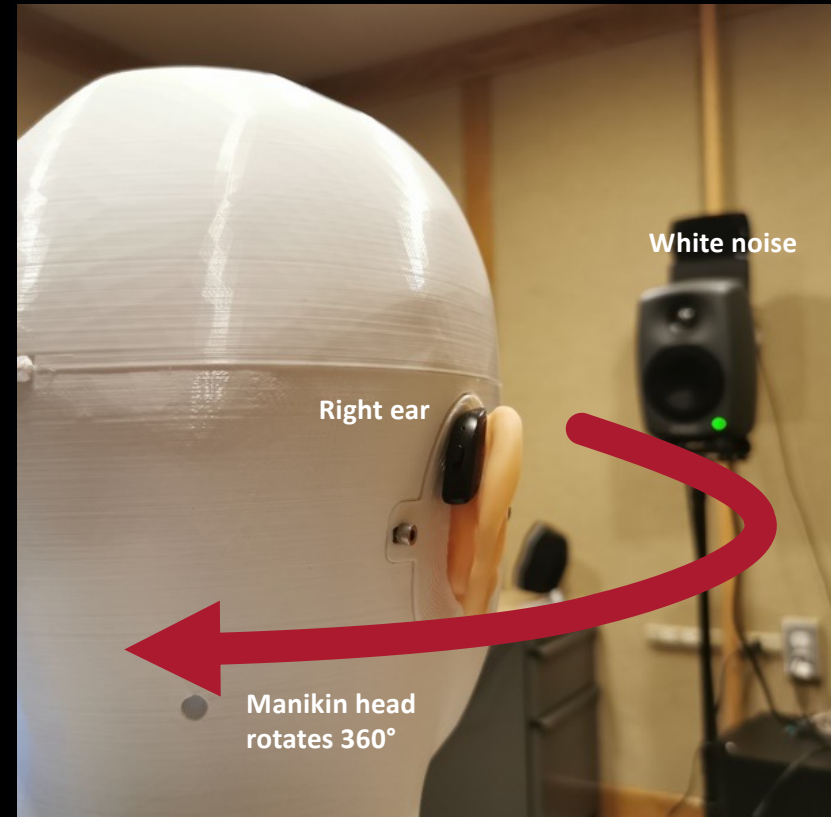
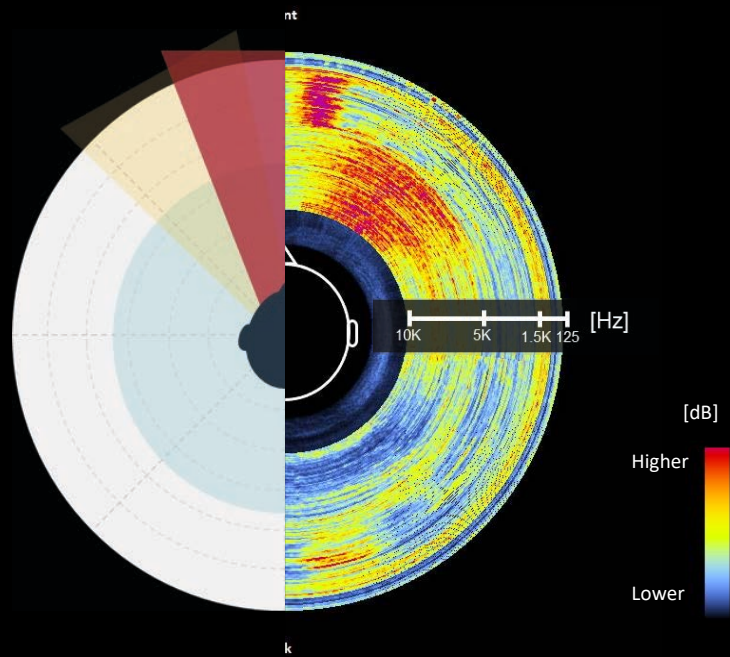
Directional Microphones

Does it matter which you choose?

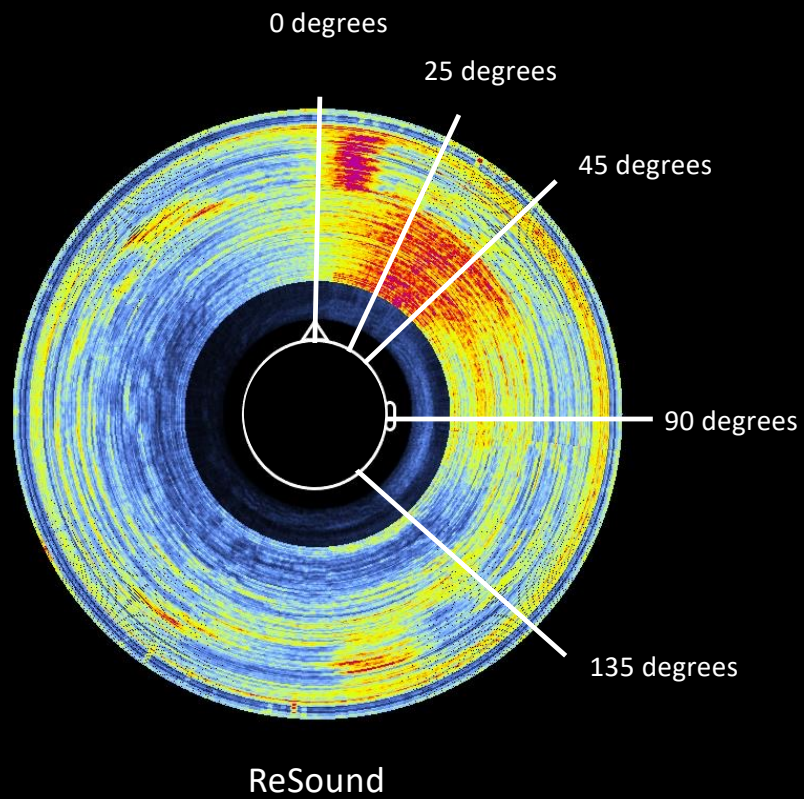
2 microphones

4 microphone beamformers

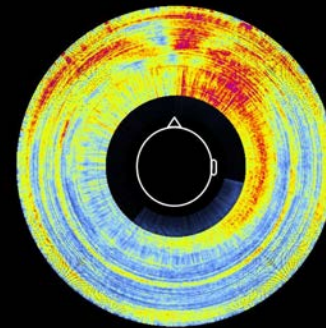
Measuring a Directional Beamformer



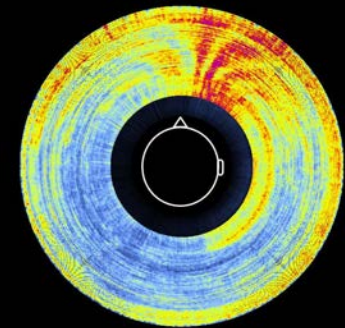
Two vs Four Microphone Directionality



Four Microphone

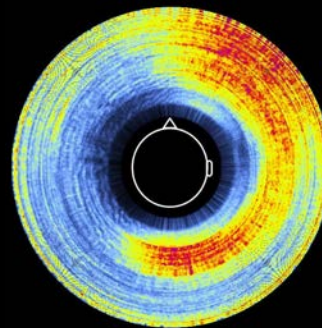


Brand A

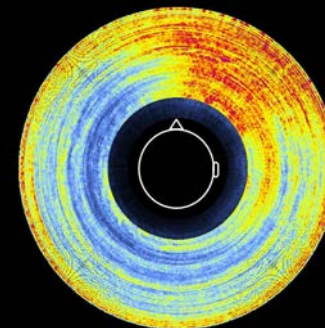


Brand B

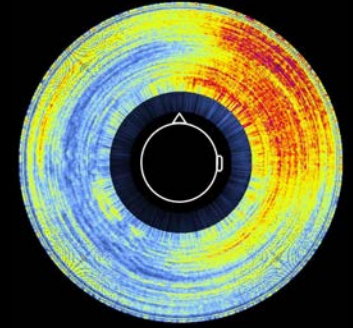
Two Microphone



Brand C



Brand D



Brand E



Directional Microphones

The narrower the beam, the higher the SNR benefit.

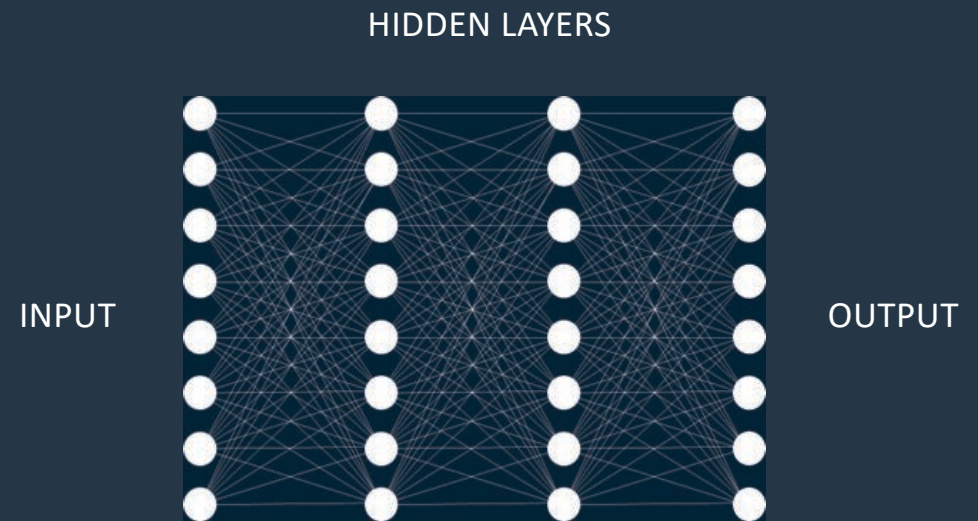
2 microphones: **3-4 dB SNR improvement**

4 microphone beamformers: up to **9 dB SNR improvement**

Deep Neural Networks

Preliminary research:

~ 1 dB of SNR improvement
Less listening effort



**Let's Look at a Few Case
Studies!**



Peter

Restaurant Consultant

- Severe high frequency hearing loss
- Prefers to experience restaurants during peak hours, but struggles to hear his clients in noise
- Considering early retirement due to significant fatigue
- QuickSIN results: 9 dB SNR loss



Greta

Retired Social Worker

- Severe flat hearing loss and 18 years of hearing aid experience
- Lives with her family and acts as caretaker for her 2 young grandchildren
- She's always had issues hearing in noise, but recently noticed that she's also struggling more in 1:1 interactions
- QuickSIN results: 16 dB SNR loss

Gate
Gates A2-A17 ↑
Gates
Gates BCDEF ↑

Sam

Retired Pilot

- Severe high frequency hearing loss and no previous hearing aid experience
- Tries to stay physically and socially active
- Loves traveling but has a hard time understanding tour guides and navigating public transportation.
- QuickSIN results: 4 dB SNR loss

Let's Chat With Each Other!

What Kind of Technology Would You Consider for Each Patient?

Consider...

What type of directionality: 4-mic, or 2-mic?

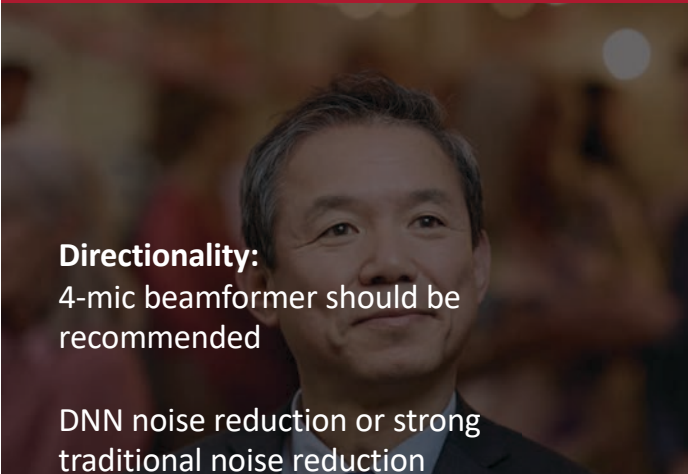
How strong should the DNN-based or traditional noise reduction be?

What other settings would you consider?

What level of technology would suit the user's needs (e.g., top, mid, low price point)

What about streaming and wireless accessories?

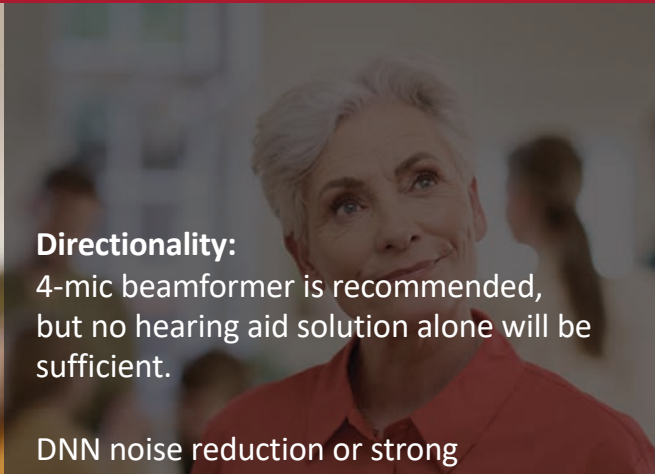
What Would You Recommend?

A portrait of Peter, a middle-aged man with dark hair, looking slightly to the right. The background is a blurred crowd of people.

Directionality:

4-mic beamformer should be recommended

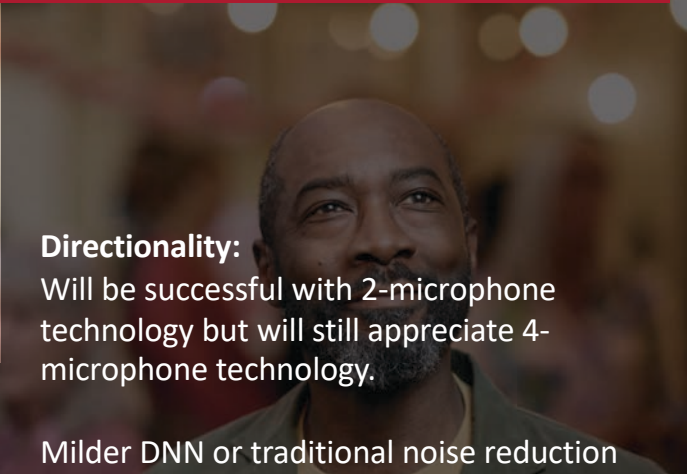
DNN noise reduction or strong traditional noise reduction

A portrait of Greta, an older woman with short white hair, looking upwards and to the right. The background is a blurred crowd of people.

Directionality:

4-mic beamformer is recommended, but no hearing aid solution alone will be sufficient.

DNN noise reduction or strong

A portrait of Sam, a man with a beard and short hair, looking upwards and to the right. The background is a blurred crowd of people.

Directionality:

Will be successful with 2-microphone technology but will still appreciate 4-microphone technology.

Milder DNN or traditional noise reduction

What type of directionality: 4-mic, or 2-mic?

How strong should the DNN-based or traditional noise reduction be?

What other settings would you consider?

What level of technology would suit the user's needs (e.g., top, mid, low price point)

What about streaming and wireless accessories?

Peter

Restaurant Consultant
Significant listening fatigue
9 dB SNR loss

Greta

Retired Social Worker
Caretaker to 2 young children
Struggling in all situations
16 dB SNR loss

Sam

Retired Pilot
Active Traveler
4 dB SNR loss

Intelligence Augmented Philosophy

Intelligence Augmented Philosophy

Help from the
machine

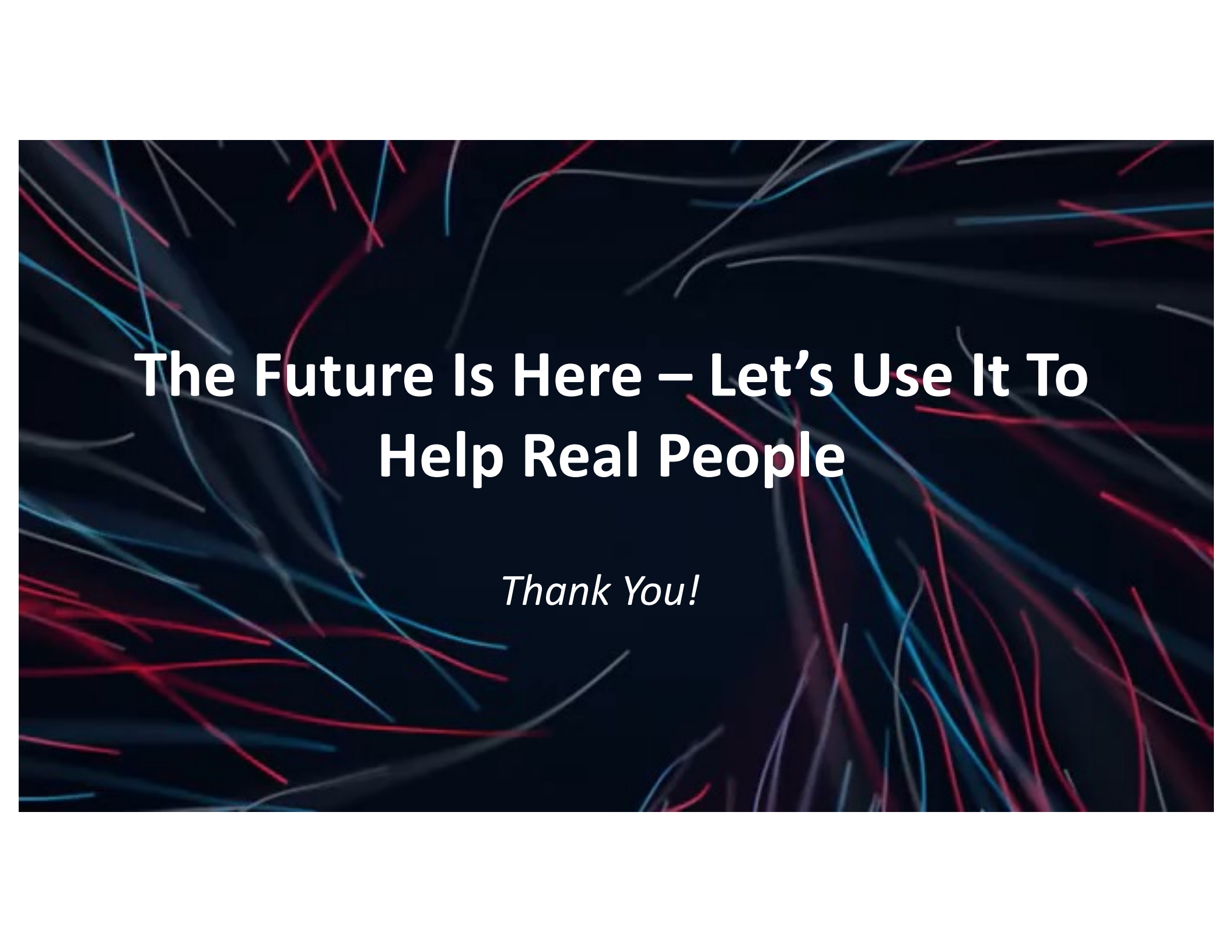


To **empower**
the **human**

power the machine



To help
human



**The Future Is Here – Let's Use It To
Help Real People**

Thank You!



References

- Killion, M. C., Niquette, P. A., Gudmundsen, G. I., Revit, L. J., & Banerjee, S. (2004). Development of a quick speech-in-noise test for measuring signal-to-noise ratio loss in normal-hearing and hearing-impaired listeners. *Journal of the Acoustical Society of America*, 116(4), 2395–2405.
- Nilsson, M., Soli, S. D., & Sullivan, J. A. (1994). Development of the Hearing in Noise Test for the measurement of speech reception thresholds in quiet and in noise. *Journal of the Acoustical Society of America*, 95(2), 1085–1099.
- Wagener, K., Josvassen, J. L., & Ardenkjær, R. (2003). Design, optimization and evaluation of a Danish sentence test in noise. *International Journal of Audiology*, 42(1), 10–17.