Name:	Date of Birth:	MRN # or FIN #

ACTIVE MOVEMENT SCALE

Observation		Involved Side:	RIGHT	LEFT	
Gravity Elimitated	**Score**		**Against Gravity**		**Score**
No contraction	0		Motion < 1/2 range		5
Contraction, no motion	1		Motion > 1/2 range		6
Motion < 1/2 range	2		Full Motion		7
Motion > 1/2 range	3				
Full Motion	4				

DATE:					
Shoulder Adbuction					
Shoulder Adduction					
Shoulder Flexion					
Shoulder External Rotation					
Shoulder Internal Rotation					
Elbow Flexion					
Elbow Extension					
Forearm Pronation					
Forearm Supination					
Wrist Flexion					
Wrist Extension					
Finger Flexion					
Finger Extension					
Thumb Flexion					
Thumb Extension					

Active Movement Scale Use and Rules

1. Full AROM with gravity eliminated (muscle grade 4) must be achieved before AROM against gravity is scored (grades 5 to 7)
2. Movement scores assigned within the available PROM
3. Movement grades assessed within age appropriate ROM, with uninvolved contralateral side
4. Extension of digits assessed at the MP joints
5. MP flexion assessed by observing distance at rest between fingertips and palm, then observe AROM as a graction of that distance, with and withouth gravity
6. Digit flexion or extension is given a single grade by using the movement score of the best digit.